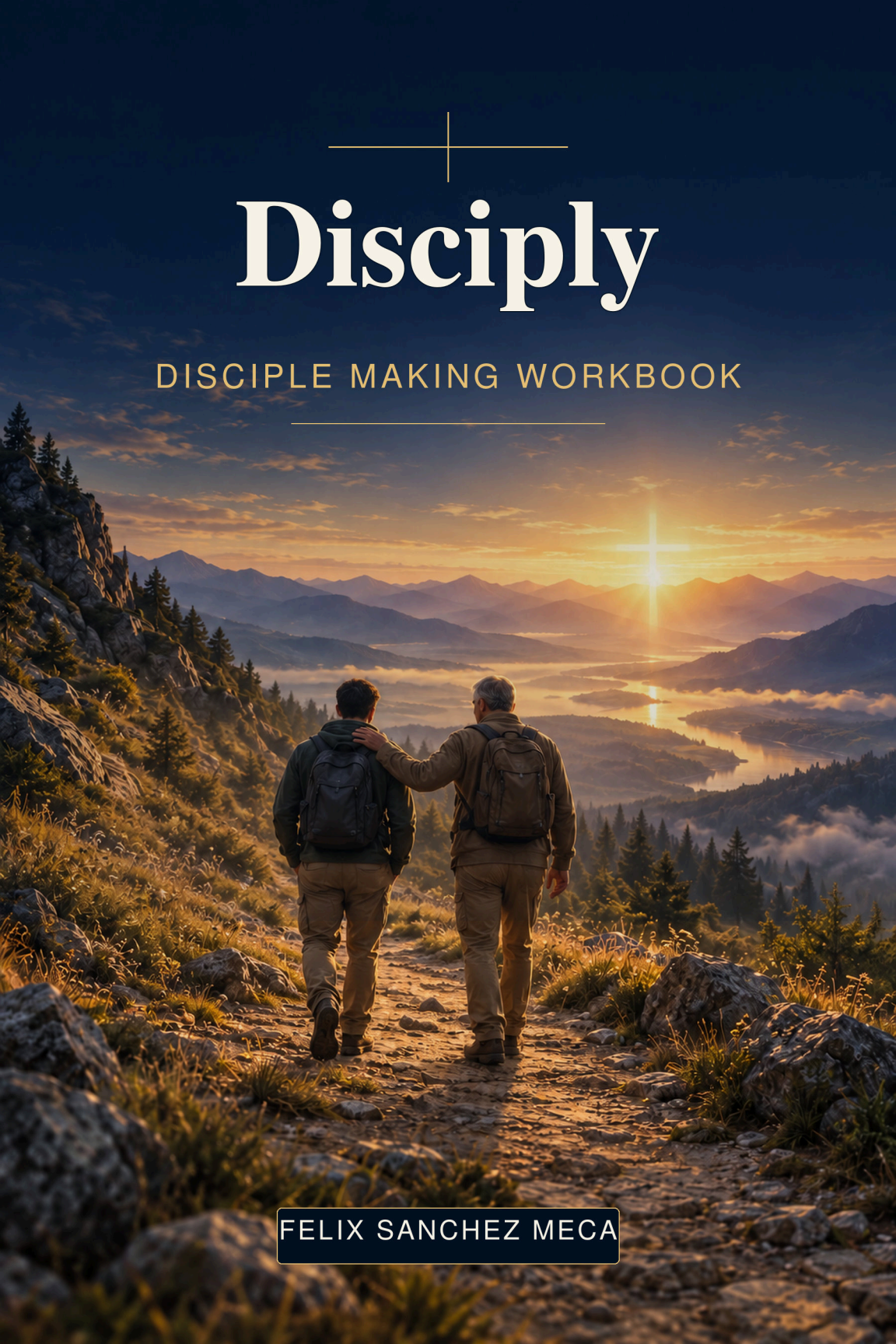
Disciply

DISCIPLE MAKING WORKBOOK



FELIX SANCHEZ MECA

Disciply

Disciple Making Workbook

By
Felix Sanchez Meca

Disciply Disciple Making Workbook
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Dedication

To all those who discipled me and took the time to minister, love, and correct me in love and the Word of God, and all the disciples of Jesus Christ who seek to grow deeper in their walk with Him.

May this encourage and help you disciple as many as permitted by time and God's grace.

> *"Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to obey everything that I have commanded you. And remember I am with you always, to the end of the age."*
> *- Matthew 28:19-20 WEB*

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Introduction: Why Discipleship Matters

Discipleship lies at the heart of the Christian faith. From Jesus' call to His first followers on the shores of Galilee to His Great Commission, the command to "make disciples of all nations" echoes through the ages as one of the central missions for all believers in Christ Jesus. Yet, for many today, the concept of discipleship has been reduced to a vague notion of religious duty or a passive experience of attending church. But true discipleship is much more - it is a dynamic and transformative journey that reshapes our lives, our relationships, and our communities.

In a world full of distractions, where spiritual depth is often sacrificed for convenience, understanding the importance of discipleship has never been more critical. Discipleship is not merely about gaining knowledge or adhering to a set of religious rules; it is about an ongoing process of becoming more like Jesus in every aspect of life. It is both a personal commitment and a communal experience, drawing us deeper into our relationship with God while also connecting us with others in meaningful and lasting ways.

This book explores why discipleship matters today, not just as an ancient concept, but as a vital practice for anyone who desires to live a life of purpose and spiritual vitality. Whether you are just beginning your journey of faith or have been walking with Christ for many years, discipleship provides the roadmap for growth, the foundation for service, and the framework for multiplying your faith in others.

At its core, discipleship is about transformation. As we grow closer to God and learn to follow Jesus' example, our hearts, minds, and actions are changed. This transformation doesn't just affect us - it spreads into our families, our workplaces, and our communities. Discipleship calls us to live out our faith authentically, to serve others sacrificially, and to teach the next generation how to walk in God's truth.

The chapters that follow will delve into the rich, multifaceted nature of discipleship, addressing its role in spiritual growth, accountability, community, and global mission. Through biblical principles, personal stories, and practical guidance, we will explore how discipleship shapes every part of life and why it is essential for anyone who desires to live a life that reflects Christ.

In a rapidly changing world, the call to discipleship remains constant, timeless, and urgent. Now more than ever, the church and the world need people committed to this transformative journey. Discipleship matters because it holds the power to change us - and through us, to change the world.

Chapter 1:
Foundations of Faith in Christ

Introduction

Chapter 1 of the Disciply workbook Faith is the cornerstone of the Christian life. It is through faith that we come to know and trust Jesus Christ as our Savior and Lord. The Bible describes, now faith is assurance of things hoped for, proof of things not seen. (Hebrews 11:1). This chapter is designed to help you explore the foundational aspects of faith in Christ Jesus, deepen your understanding, and encourage you to live out your faith daily

1: Understanding Faith

> *Key Verse: " Now faith is assurance of things hoped for, proof of things not seen. " - Hebrews 11:1 (WEB)*

- Definition of Faith:
- According to Hebrews 11:1, faith is _____ of the things hoped for and the _____ of things not seen.
- Source of Faith:
- Romans 10:17: " So faith comes by _____ and hearing by the word of God.

2: The Object of Our Faith

> *Key Verse: "Jesus answered, 'I am the way, the truth, and the life. No one comes to the Father except through me.'" - John 14:6*

- Faith in Christ Alone:
- John 14:6: Jesus said to him, "I am the _____, the _____, and the _____. No one comes to the Father except through _____.
- Salvation Through Faith:
- Ephesians 2:8-9: "For by _____ you have been saved, through _____- and that not of yourselves; it is the gift of God, not of works, that no one would boast.

3: Living Out Our Faith

Key Verse: "So also faith by itself, if it does not have works, is dead." - James 2:17 (ESV)

- Faith and Actions:
- James 2:17: "Even so faith, if it has no _____, is dead in itself."
- Demonstrating Faith:
- Matthew 5:16: "Even so, let your light shine before men, that they may see your good _____ and glorify your Father who is in heaven."

4: Strengthening Our Faith

Key Verse: " Without faith it is impossible to be well pleasing to him, for he who comes to God must believe that he exists, and that he is a rewarder of those who seek him. Hebrews 11:6

- Pleasing God Through Faith:
- Hebrews 11:6: Without _____ it is impossible to be well pleasing to him, for he who comes to God must believe that he _____ and that he is a rewarder of those who _____ Him.
- Growing in Faith:
- Colossians 2:6-7: " As therefore you received Christ Jesus the Lord, walk in him, rooted and built up in him and established in the _____ even as you were taught, abounding in it in thanksgiving."

5: Faith in Action

Key Verse: " I can do all things through Christ who strengthens me." - Philippians 4:13

- Empowered by Faith:
- Philippians 4:13: I can do _____ things through Christ who _____ me.
- Faith in Daily Life:
- Galatians 2:20: " I have been crucified with Christ, and it is no longer I who live, but Christ lives in me. That life which I now live in the flesh, I live by _____ in the Son of God, who loved me and gave himself up for me."

Reflection Questions:

- How does understanding faith as described in Hebrews 11:1 impact your daily walk with Christ?
- In what ways can you actively demonstrate your faith through works, as encouraged in James 2:17?
- How can you strengthen your faith according to Colossians 2:6-7?

Memory Verses:

- Hebrews 11:1
- John 14:6
- Ephesians 2:8-9
- James 2:17
- Hebrews 11:6
- Philippians 4:13

Notes & Personal Reflection

Use this space for prayers, reflections, and personal application.

Chapter 2:
Choosing to Be Used

Introduction

Chapter 2 of the Disciply workbook focuses on the pivotal choice to be used by God in the journey of faith. This chapter explores the significance of making a deliberate decision to serve, the implications of that choice, and the transformative impact it can have on a believer's life and the lives of others.

Key Themes

- Intentionality in Service:
- The chapter begins by emphasizing the importance of intentionality in the decision to be used by God. This is not a passive stance but a proactive commitment to seek and respond to God's call.
- Biblical Foundations:
- Scriptural references underline the call to discipleship. Stories of biblical figures who chose to be used by God, such as Moses, David, and Mary, are highlighted to illustrate the various ways one can respond to God's call.
- Personal Commitment:
- Readers are encouraged to reflect on their personal journey and make a conscious choice to serve. This involves self-examination and a willingness to align one's life with God's purpose.
- Overcoming Hesitations:
- Common barriers to making this choice, such as fear, doubt, and feelings of inadequacy, are addressed. The chapter offers practical advice and spiritual encouragement to overcome these obstacles.
- Practical Steps:
- The chapter outlines practical steps to take once the decision to be used by God is made. This includes engaging in prayer, seeking mentorship, joining a faith community, and looking for opportunities to serve.
- The Role of the Holy Spirit:
- The empowering role of the Holy Spirit in enabling believers to serve effectively is discussed. The chapter emphasizes reliance on the Holy Spirit for

guidance, strength, and the development of spiritual gifts.

- Impact of Discipleship:
- Testimonies and real-life examples of individuals and communities transformed through discipleship illustrate the far-reaching impact of choosing to be used by God.

Reflection Questions

- What does it mean to you to choose to be used by God?
- Have you encountered any barriers to making this choice? How can you overcome them?
- In what specific areas of your life do you feel called to serve?

Activities

- Personal Journal: Write about your personal call to discipleship and any experiences where you felt God using you to impact others.
- Group Discussion: Share and discuss with your group the challenges and rewards of making the choice to serve.
- Service Project: Plan and participate in a community service project to put your commitment into action.

Fill-in-the-Blanks Exercise

- Surrender: True discipleship begins with _____, relinquishing control and submitting to God's leading in every aspect of our lives.
- Availability: Being used by God requires _____ a willingness to be interrupted and inconvenienced for His kingdom's sake.
- Faithfulness: God calls us to _____ in the tasks He entrusts to us, regardless of their size or visibility.
- Empowerment: When we surrender, God _____ us with His Spirit to accomplish His purposes beyond our natural abilities.

Conclusion

Choosing to be used by God is a foundational step in the journey of discipleship. It requires intentionality, faith, and a willingness to step out of comfort zones. By making this choice, believers open themselves up to profound personal growth

and the opportunity to make a significant impact in the world for God's glory. This chapter serves as both a guide and an encouragement for readers to embrace their call to discipleship and to actively seek ways to serve God and others in their daily lives.

Notes & Personal Reflection

Use this space for prayers, reflections, and personal application.

Chapter 3:
Why Make Disciples

Introduction

Chapter 3 of the Disciply workbook delves into the fundamental question of why making disciples is crucial for every believer. This chapter explores the theological, practical, and personal reasons for disciple-making, grounding its importance in biblical mandates and the life-transforming impact it has on individuals and communities.

Key Themes

- The Great Commission:
- Central to the chapter is Jesus' command in Matthew 28:19-20, known as the Great Commission. This section unpacks the imperative to "go and make disciples of all nations," highlighting it as the core mission of the Christian faith.
- Biblical Examples and Teachings:
- Various biblical narratives and teachings that emphasize disciple-making are explored. Examples include Jesus' relationship with His disciples, Paul's mentoring of Timothy, and the early church's growth through discipleship.
- Theological Foundations:
- The chapter outlines the theological basis for disciple-making, emphasizing the role of discipleship in spiritual growth, sanctification, and the spread of the Gospel. It connects discipleship with God's overarching plan for redemption and the Kingdom of God.
- Personal Transformation:
- Readers are encouraged to consider how making disciples contributes to their own spiritual maturity. Engaging in discipleship fosters deeper faith, accountability, and the development of spiritual gifts.
- Community Impact:
- The chapter discusses how discipleship strengthens the church community and extends its reach. It highlights the role of discipleship in building a supportive, mission-oriented community that can effectively witness to the broader world.

- Global Mission:
- The global aspect of disciple-making is emphasized, recognizing the diverse cultural contexts and the need for cross-cultural missions. This section challenges readers to think beyond their immediate environment and consider their part in global evangelism.

Reflection Questions

- How do you understand the Great Commission in your own life?
- What biblical examples of disciple-making inspire you the most?
- How has your involvement in discipleship shaped your faith journey?

Activities

- Scripture Study: Reflect on and discuss Matthew 28:19-20, Acts 1:8, and other key passages about disciple-making. Consider how these verses apply to your life.
- Personal Reflection: Write about a time when you were discipled or when you discipled someone else. How did this experience impact your faith?
- Group Discussion: Share insights and challenges related to making disciples within your community or church group. Brainstorm practical ways to engage in disciple-making.

Practical Steps

- Identify Your Sphere of Influence:
- Reflect on your immediate circle-family, friends, colleagues-and consider who you can disciple within these relationships.
- Equip Yourself:
- Engage in training programs, read relevant books, and seek mentorship to become a more effective disciple-maker.
- Create a Discipleship Plan:
- Develop a practical, step-by-step plan for disciple-making. This could include regular meetings, study sessions, and service projects.
- Pray for Guidance:
- Regularly pray for God's guidance in your disciple-making efforts, asking for opportunities and the wisdom to make a meaningful impact.

Fill-in-the-Blanks Exercise

- "Go and make _____ of all nations Matthew 28:19
- Great Commission: Jesus' mandate to make disciples is not merely a suggestion but a _____ for every believer.
- Gospel Transformation: Disciple-making is about _____ lives with the truth and power of the gospel, leading others to salvation and spiritual growth.
- Multiplication Effect: Each disciple has the potential to _____ others, resulting in exponential growth in the kingdom of God.
- Obedience and Love: Making disciples is a demonstration of _____ to Jesus and love for others, fulfilling His commands to love God and neighbor.

Conclusion

Chapter 3 underscores the essential nature of disciple-making as a fundamental aspect of Christian life. By understanding and embracing the reasons behind making disciples, believers can align their efforts with God's mission, contribute to the growth of the Kingdom, and experience profound spiritual growth. This chapter serves as a motivational and practical guide for readers to actively participate in the Great Commission, making disciples who will, in turn, disciple others.

Notes & Personal Reflection

Use this space for prayers, reflections, and personal application.

Chapter 4:
How to Make Disciples

Introduction

Chapter 4 of the Disciply workbook provides a comprehensive guide on the practical steps involved in making disciples. This chapter aims to equip readers with the knowledge, tools, and strategies necessary to effectively train disciples and guide others in their spiritual journey.

Key Themes

- Understanding Discipleship:
- The chapter begins by defining what it means to be a disciple and to make disciples. It emphasizes the relational nature of discipleship, grounded in love, commitment, and the desire to see others grow in their faith.
- Biblical Model of Discipleship:
- Jesus' method of disciple-making is presented as the ideal model. This section explores how Jesus invested in His disciples through teaching, modeling behavior, and empowering them for ministry.
- Building Relationships:
- Effective discipleship starts with building genuine relationships. This theme covers practical ways to connect with potential disciples, including active listening, showing empathy, and creating a safe and supportive environment.
- Teaching and Mentoring:
- This section outlines how to teach biblical principles and mentor others in their faith. It includes strategies for one-on-one mentoring, small group studies, and using resources such as books and study guides.
- Modeling Christ-like Behavior:
- The importance of living out one's faith authentically is emphasized. Discipleship involves being a role model, demonstrating Christian virtues in everyday life, and allowing others to observe and learn from your example.
- Empowering and Sending:
- The goal of discipleship is to empower others to become disciple-makers themselves. This section covers how to encourage and equip disciples to take

on leadership roles and engage in ministry.

- Overcoming Challenges:
- Common challenges in disciple-making, such as time constraints, cultural differences, and resistance, are addressed. The chapter offers practical advice on how to navigate and overcome these obstacles.

Reflection Questions

- What qualities do you think are essential in a disciple-maker?
- How can you create an environment conducive to spiritual growth for your disciples?
- In what ways can you model Christ-like behavior in your daily interactions?

Activities

- Personal Inventory: Assess your own strengths and areas for growth as a disciple- maker. Identify specific actions you can take to improve.
- Role-playing: Practice scenarios of teaching, mentoring, and handling difficult conversations with a partner or small group.
- Service Project: Plan and participate in a service project with your disciples to put teaching into action and build stronger relationships.

Practical Steps

- Pray for Guidance:
- Begin with prayer, seeking God's guidance in identifying whom to disciple and asking for wisdom in your approach.
- Identify Potential Disciples:
- Look for individuals in your church, community, or workplace who show a desire to grow in their faith or who might benefit from mentorship.
- Set Clear Goals:
- Establish clear, achievable goals for your discipleship relationship. This might include regular meetings, specific study topics, or personal growth targets.
- Create a Plan:
- Develop a structured plan for your discipleship efforts, including a schedule for meetings, study materials, and activities.

- Use Available Resources:
- Utilize first the Bible, Biblical study guides, online courses, and other resources to aid in teaching and mentoring. Tailor these resources to the needs and interests of your disciples.
- Foster Accountability:
- Encourage mutual accountability by setting expectations and regularly reviewing progress. This helps maintain commitment and focus.
- Evaluate and Adapt:
- Periodically evaluate the effectiveness of your discipleship efforts and be willing to adapt your approach as needed. Seek feedback from your disciples to understand their needs better.

Fill-in-the-Blanks Exercise

- Intentional Relationship: Discipleship begins with _____, fostering genuine connections where spiritual growth can flourish.
- Identify Potential Disciples: Look for individuals who show eagerness to _____ and grow spiritually.
- Biblical Foundation: Understanding the _____ is crucial for guiding discipleship efforts and aligning them with God's Word.
- Life Transformation: Discipleship is about _____ rather than just acquiring knowledge or adhering to rules.
- Multiplication: The goal is to _____, equipping disciples to pass on what they have learned to others. Remember you cannot pass along what you do not have.

Conclusion

Chapter 4 provides a practical, step-by-step guide to making disciples, rooted in biblical principles and the example of Jesus. By building genuine relationships, teaching, and mentoring with intentionality, and modeling Christ-like behavior, believers can effectively disciple others and fulfill the Great Commission. This chapter serves as a roadmap for readers to become confident and effective disciple-makers, contributing to the growth and vitality of the Christian community.

Notes & Personal Reflection

Use this space for prayers, reflections, and personal application.

Chapter 5:
How to Learn to Listen to God

Introduction

Chapter 5 of the "Discipleship" workbook focuses on the crucial practice of listening to God. This chapter aims to help readers develop the skills and habits necessary to hear God's voice, discern His guidance, and deepen their relationship with Him.

Key Themes

- The Importance of Listening to God:
- Understanding why listening to God is essential for spiritual growth and effective discipleship. This section highlights biblical examples of individuals who listened to God and the impact it had on their lives.
- Biblical Foundations:
- Exploring scriptures that teach about hearing God's voice, such as 1 Kings 19:11-13 (Elijah's encounter with God), John 10:27 ("My sheep hear my voice"), and James 1:19 ("Be quick to listen").
- Ways God Speaks:
- Identifying the various ways God communicates with His people, including through Scripture, prayer, circumstances, other believers, and the Holy Spirit's inner promptings.
- Developing a Listening Heart:
- Practical steps to cultivate a heart and mind attuned to God's voice, including practices like silence, solitude, and meditation on the Word.
- Discerning God's Voice:
- Learning to distinguish God's voice from other influences, such as personal desires, cultural noise, and the enemy's deception. This section provides criteria for discerning divine guidance.
- Responding to God's Voice:
- The importance of obedience and the appropriate responses to God's direction. This section encourages readers to act on what they hear and trust in God's plans.

Reflection Questions

- How do you currently hear from God? What practices help you connect with Him?
- Can you recall a time when you felt God speaking to you? How did you respond?
- What steps can you take to improve your ability to listen to God?

Activities

- Scripture Meditation: Spend time meditating on key verses about listening to God. Write down any thoughts or impressions you receive.
- Prayer Journaling: Keep a journal of your prayers and any insights or answers you perceive from God. Reflect on patterns or recurring themes.
- Silence and Solitude Exercise: Dedicate a specific time each day for silence and solitude, focusing on listening for God's voice.

Practical Steps

- Create a Listening Environment:
- Set aside a quiet place and regular time for listening to God. Minimize distractions to help focus your mind and heart.
- Engage with Scripture:
- Read the Bible daily, asking God to speak to you through His Word. Reflect on passages and consider how they apply to your life.
- Practice Active Listening in Prayer:
- During prayer, spend time in silence, asking God to speak to you. Be open and attentive to His guidance.
- Seek Confirmation:
- When you believe you've heard from God, seek confirmation through Scripture, wise counsel from other believers, and alignment with God's character.
- Record Your Insights:
- Keep a journal of the impressions, thoughts, and guidance you receive. Review it regularly to see how God is speaking and guiding you.
- Be Patient and Persistent:

- Listening to God is a skill that develops over time. Be patient and persistent, trusting that God desires to communicate with you.

Fill-in-the-Blanks Exercise

- "My sheep _____ my voice, and I know them, and they follow me." (John 10:27)
- To cultivate a listening heart, practice _____ and _____ regularly.
- One way to discern God's voice is to compare it with _____.
- When God speaks, it often aligns with His _____ and his _____.
- Keeping a _____ helps track and reflect on what God is saying to you.

Conclusion

Chapter 5 equips readers with the tools and practices necessary to hear and discern God's voice. By creating a conducive environment, engaging deeply with Scripture, practicing active listening in prayer, seeking confirmation, and maintaining a record of insights, believers can grow in their ability to listen to God. This chapter encourages a deeper, more intimate relationship with God, fostering a responsive and obedient heart that is attuned to His guidance.

Notes & Personal Reflection

Use this space for prayers, reflections, and personal application.

Chapter 6:
Reading The Bible

Introduction

Chapter 6 of the Disciply workbook focuses on the importance of reading the Bible as a foundational practice for spiritual growth. This chapter aims to help readers develop a meaningful and consistent Bible reading habit, understand the Scriptures deeply, and apply biblical truths to their lives.

Key Themes

- The Importance of Reading the Bible:
- Understanding why reading the Bible is crucial for knowing God, growing in faith, and living a Christ-centered life. This section emphasizes the Bible's role as God's revealed Word and its transformative power.
- Structure and Content of the Bible:
- An overview of the Bible's structure, including the Old and New Testaments, different literary genres, and key themes. This helps readers navigate the Scriptures more effectively.
- Approaches to Bible Reading:
- Different methods of reading the Bible, such as devotional reading, systematic study, thematic study, and reading plans. This section encourages readers to find an approach that suits their needs and goals.
- Studying the Bible:
- Practical steps for in-depth Bible study, including observation, interpretation, and application. This section covers how to use study tools like commentaries, concordances, and Bible dictionaries.
- Applying Biblical Truths:
- Strategies for applying what is read in the Bible to everyday life. This section emphasizes the importance of obedience and living out biblical principles.
- Overcoming Challenges:
- Common obstacles to consistent Bible reading, such as busyness, distractions, and lack of understanding, are addressed. The chapter provides practical tips for overcoming these challenges.

Reflection Questions

- What motivates you to read the Bible? How has it impacted your life?
- What methods of Bible reading and study have you found most effective?
- How can you apply a recent Bible reading to a current situation in your life?

Activities

- Scripture Memorization: Choose a meaningful verse from your reading and memorize it. Reflect on its significance throughout the week.
- Bible Study Group: Join or start a small group for Bible study. Share insights and learn from others' perspectives.
- Application Journal: Write down practical applications from your Bible reading and review them regularly to track your spiritual growth.

Practical Steps

- Set a Regular Time and Place:
- Establish a consistent routine for Bible reading. Choose a quiet place and a time of day when you are least likely to be interrupted.
- Choose a Reading Plan:
- Select a reading plan that fits your schedule and goals. This could be a yearly plan, a book-by-book approach, or a thematic study.
- Pray for Understanding:
- Begin your Bible reading with prayer, asking God to open your heart and mind to His Word and to help you understand and apply it.
- Engage with the Text:
- Read actively by asking questions, noting key points, and reflecting on how the passage applies to your life. Use study tools to deepen your understanding.
- Share What You Learn:
- Discuss your insights with others, whether in a Bible study group, with a mentor, or in casual conversations. Teaching and sharing reinforce your learning.
- Be Persistent and Patient:
- Developing a habit of regular Bible reading takes time. Be patient with yourself and stay committed, even when it feels challenging.

Fill-in-the-Blanks Exercise

- "Your word is a lamp to my _____ and a light for my _____." (Psalm 119:105)
- The Bible is divided into the _____ Testaments, the _____ and the _____ Testament.
- One method of Bible study involves three steps: _____, _____, and _____.
- Before reading the Bible, it is helpful to _____ for understanding and guidance.
- Applying biblical truths involves not just hearing the Word but _____ it.

Conclusion

Notes & Personal Reflection

Use this space for prayers, reflections, and personal application.

Chapter 7:
Studying The Bible

Introduction

Chapter 7 of the Disciply workbook is dedicated to the practice of in-depth Bible study. This chapter aims to provide readers with the tools and techniques necessary for gaining deeper insights into Scripture and applying biblical principles in their daily lives.

Key Themes

- The Importance of Bible Study:
- Emphasizing the significance of studying the Bible for spiritual growth, wisdom, and preparation for every good works (2 Timothy 3:16-17).
- Different Approaches to Bible Study:
- Exploring various methods such as inductive Bible study, topical studies, character studies, and book studies. Each method is explained with its unique benefits and practical applications.
- Essential Tools for Bible Study:
- Introduction to resources that enhance Bible study, including commentaries, concordances, Bible dictionaries, lexicons, and digital tools.
- Inductive Bible Study Method:
- Detailed steps of the inductive method: Observation, Interpretation, and Application. This method helps readers engage deeply with the text and understand its meaning and relevance.
- Contextual Analysis:
- Understanding the historical, cultural, and literary context of biblical passages. This section includes tips for researching and incorporating context into study.
- Applying Biblical Insights:
- Strategies for applying the insights gained from Bible study to everyday life. Emphasis on practical steps and consistent application.
- Overcoming Study Challenges:

- Addressing common obstacles to in-depth Bible study such as time constraints, lack of resources, and difficulties in understanding. Practical solutions and encouragement are provided.

Reflection Questions

- What Bible study methods have you tried, and which have been most effective for you?
- How do you incorporate context into your Bible study?
- Can you share a recent insight from your Bible study and how you applied it to your life?

Activities

- Inductive Bible Study Exercise: Choose a passage and go through the steps of Observation, Interpretation, and Application. Document your findings and reflections.
- Context Research: Pick a book of the Bible and research its historical and cultural background. Share your findings with a study group or in a journal.
- Topical Study: Select a topic (e.g., grace, faith, prayer) and study various passages related to it. Summarize your insights and practical applications.

Practical Steps

- Set Aside Dedicated Time:
- Allocate regular, uninterrupted time for Bible study. Consistency is key to deep and meaningful study.
- Gather Resources:
- Invest in essential Bible study tools like a good study Bible, commentaries, and access to online resources.
- Choose a Study Method:
- Decide on a study method that suits your current needs and interests. Rotate methods to gain a well-rounded understanding of Scripture.
- Engage with the Text:
- Read and re-read the passage. Note repeated words, themes, and significant details. Ask questions about the text and seek answers through study tools.
- Apply What You Learn:

- Reflect on how the insights gained can be applied in your daily life. Set specific, actionable goals based on your study.
- Join a Study Group:
- Participate in or form a Bible study group to discuss insights, ask questions, and learn from others' perspectives.

Fill-in-the-Blanks Exercise

- Inductive Bible study method includes three main steps: _____, _____, and _____.
- A _____ helps you understand the meanings of original Greek and Hebrew words.
- Understanding the _____ and _____ context of a passage is crucial for accurate interpretation.
- " Every Scripture is God-breathed and profitable for teaching, for reproof, for correction, and for instruction in righteousness, that each person who belongs to God may be complete, thoroughly _____ for every good work." (2 Timothy 3:16-17)
- One effective approach to Bible study is the _____ study, which focuses on a specific theme throughout the Scriptures.

Introduction

Notes & Personal Reflection

Use this space for prayers, reflections, and personal application.

Chapter 8:
Memorizing, Meditating, and Applying the Bible

Introduction

Chapter 8 of the Disciply workbook focuses on the vital practices of memorizing, meditating on, and applying the Bible. These disciplines help believers internalize God's Word, reflect deeply on its meaning, and live out its teachings in everyday life.

Key Themes

- The Power of Memorizing Scripture:
- Understanding the importance of hiding God's Word in our hearts (Psalm 119:11). Memorization helps believers recall Scripture in times of need and strengthens their faith.
- Techniques for Memorizing Scripture:
- Practical methods for effective Scripture memorization, including repetition, visualization, association, and using memory aids like flashcards and apps.
- The Practice of Biblical Meditation:
- Exploring the concept of meditating on Scripture as seen in Psalm 1:2 and Joshua 1:8. Meditation involves deeply pondering and reflecting on God's Word to understand and internalize its truths.
- Methods of Biblical Meditation:
- Various techniques for meditating on Scripture, such as reading verses, posting on paper throughout your home and workspace, prayer, praying scripture, reflective journaling, scripture focus songs, and focusing on specific verses or passages. Emphasis on quiet reflection and listening to God.
- Applying Biblical Truths:
- Strategies for applying the insights gained from memorizing and meditating on Scripture. This section emphasizes practical steps for living out biblical principles in daily life.
- Transformative Impact of Application:

- Testimonies and examples of how applying Scripture has transformed lives. Encouragement to live out the teachings of the Bible in every aspect of life.

Reflection Questions

- What methods have you found helpful for memorizing Scripture?
- How do you currently meditate on God's Word? How can you improve this practice?
- Can you share a recent experience of applying a biblical truth to your life?

Activities

- Scripture Memorization Exercise: Choose a verse to memorize this week. Use repetition, visualization, and association techniques to help retain it.
- Meditation Journal: Select a passage to meditate on each day. Write down your reflections and any insights you receive.
- Application Plan: Identify a specific biblical principle you want to apply. Develop a plan for incorporating it into your daily life and track your progress.

Practical Steps

- Set Goals for Memorization:
- Set achievable goals for Scripture memorization. Start with one verse a week and gradually increase as you become more comfortable.
- Create a Meditation Routine:
- Establish a regular time and quiet place for meditation. Use a structured method like Lectio Divina to guide your practice.
- Use Tools and Resources:
- Utilize memory aids such as flashcards, apps, and Bible verse calendars. Use journals for recording your reflections during meditation.
- Reflect and Apply:
- After meditating on a passage, reflect on its application in your life. Set specific actions to live out the principles you've meditated on.
- Share with Others:
- Discuss your memorization and meditation practices with a study group or mentor. Sharing insights and experiences can provide encouragement and accountability.

- Review and Reinforce:
- Regularly review memorized verses and revisit your meditation notes. Reinforcement helps solidify these practices in your daily life.

Fill-in-the-Blanks Exercise

- "I have hidden your _____ in my heart that I might not sin against you." (Psalm 119:11)
- Meditation on Scripture is emphasized in Psalm 1:2, which says, "But whose delight is in the law of the Lord, and who _____ on his Law Day and night."
- One method to aid Scripture memorization is using _____.
- Applying biblical truths involves not just knowing the Word but _____ it in daily life.

Conclusion

Chapter 8 equips readers with the disciplines of memorizing, meditating on, and applying the Bible. By committing Scripture to memory, reflecting deeply on its meaning, and living out its teachings, believers can experience profound spiritual growth and transformation. This chapter encourages a holistic approach to engaging with God's Word, fostering a deeper relationship with Him and a life that reflects His principles.

Notes & Personal Reflection

Use this space for prayers, reflections, and personal application.

Chapter 9:
Jesus' Method of Disciple-Making

Introduction

Chapter 9 of the Disciply workbook examines the methods Jesus used to make disciples. By understanding and applying these methods, believers can effectively disciple others and foster spiritual growth within their communities.

Key Themes

- The Call to Follow:
- Jesus began His ministry by calling individuals to follow Him (Matthew 4:19). This section emphasizes the importance of inviting others into a relationship with Christ and a journey of discipleship.
- Relational Discipleship:
- Jesus invested in close, personal relationships with His disciples. He spent time with them, shared life experiences, and modeled godly behavior (Mark 3:14). This section highlights the significance of building deep, meaningful relationships in disciple-making.
- Teaching and Instruction:
- Jesus taught His disciples through parables, sermons, and direct instruction (Matthew 5-7). This section explores the importance of teaching biblical truths and providing sound doctrinal instruction to disciples.
- Modeling and Demonstration:
- Jesus demonstrated how to live out God's commands through His actions (John 13:15). This section covers the importance of modeling Christ-like behavior and setting an example for others to follow.
- Empowerment and Sending:
- Jesus empowered His disciples and sent them out to continue His work (Matthew 10:1-8). This section emphasizes the need to equip and empower disciples to take on leadership roles and carry out the mission of the Church.
- Accountability and Correction:
- Jesus held His disciples accountable and corrected them when necessary (Matthew 16:23). This section discusses the role of accountability and loving

correction in the discipleship process.

- Multiplication:
- Jesus' goal was for His disciples to make more disciples (Matthew 28:19-20). This section explores the principle of multiplication and the importance of fostering a disciple-making movement.

Reflection Questions

- How can you invite others to follow Jesus in your own life?
- What are some ways you can build deeper relationships with those you are disciplining?
- How can you model Christ-like behavior in your daily interactions?

Activities

- Invitation Exercise: Identify someone you feel called to disciple and extend an invitation to follow Jesus more closely.
- Relational Investment: Plan regular meetings or activities with your disciples to build deeper relationships.
- Teaching Plan: Develop a simple teaching plan to guide your disciples through essential biblical truths.

Practical Steps

- Invite Others to Follow:
- Start by inviting individuals into a discipleship relationship. Be clear about the commitment and the journey ahead.
- Invest in Relationships:
- Spend quality time with your disciples. Share life experiences, listen to their struggles, and celebrate their successes.
- Teach Consistently:
- Provide regular, structured teaching. Use the Bible as your primary resource and ensure that your instruction is rooted in Scripture.
- Model Christ-like Behavior:
- Live out your faith authentically. Let your actions speak louder than your words and be a tangible example of Jesus' teachings.

- Empower and Send:
- Equip your disciples with the knowledge and skills they need to disciple others. Encourage them to step into leadership roles and take on responsibilities.
- Hold Accountable:
- Create an environment of accountability. Gently correct and guide your disciples when they stray, always with love and grace.
- Foster Multiplication:
- Encourage your disciples to make more disciples. Teach them the importance of multiplication and help them understand their role in expanding God's Kingdom.

Fill-in-the-Blanks Exercise

- Jesus called His first disciples by saying, "Come, after me, and I will make you _____ of men." (Matthew 4:19)
- Jesus invested in _____ relationships with His disciples, spending time and sharing life with them.
- Jesus taught His disciples through _____, _____, and direct instruction.
- Jesus demonstrated how to live out God's commands by _____ His disciples.
- Jesus empowered His disciples and sent them out to continue His _____.
- Jesus held His disciples accountable and corrected them, when necessary, as seen in Matthew _____.
- Jesus' goal was for His disciples to make more _____.

Conclusion

Chapter 9 provides a comprehensive look at Jesus' method of disciple-making, highlighting the key elements of His approach. By inviting others to follow, investing in relationships, teaching, modeling behavior, empowering disciples, holding them accountable, and fostering multiplication, believers can effectively make disciples just as Jesus did. This chapter encourages readers to embrace and implement these methods in their own discipleship efforts, contributing to the growth and vitality of the Church.

Notes & Personal Reflection

Use this space for prayers, reflections, and personal application.

Chapter 10:
Disciple-Making in the Early Church

Introduction

Chapter 10 of the Disciply workbook explores the disciple-making practices of the early church. By examining the methods and strategies employed by early Christians, readers can gain insights and inspiration for effective disciple-making in contemporary contexts.

Key Themes

- The Great Commission:
- Understanding how the early church responded to Jesus' command to "make disciples of all nations" (Matthew 28:19-20). This section highlights the immediate and fervent response of the apostles and early Christians.
- Community and Fellowship:
- The early church emphasized strong community and fellowship among believers (Acts 2:42-47). This section discusses the importance of communal living, shared meals, prayer, and mutual support in disciple- making.
- Teaching and Doctrine:
- The apostles were dedicated to teaching and spreading the doctrine of Christ (Acts 2:42). This section explores how early Christians were committed to learning and teaching the Word of God.
- Persecution and Growth:
- Despite facing intense persecution, the early church experienced significant growth (Acts 8:1-4). This section examines how adversity fueled the spread of the Gospel and the perseverance of believers.
- Role of the Holy Spirit:
- The Holy Spirit played a crucial role in guiding and empowering the early church (Acts 1:8). This section highlights the importance of reliance on the Holy Spirit in disciple-making efforts.
- Mentorship and Leadership:
- Early church leaders, such as Paul, mentored and trained others to become disciple-makers (2 Timothy 2:2). This section emphasizes the importance of

mentorship and developing new leaders within the church.

- Evangelism and Mission:
- The early church was deeply committed to evangelism and mission work (Acts 13:1-3). This section explores the strategies used for spreading the Gospel and establishing new communities of believers.

Reflection Questions

- How did the early church's approach to disciple-making differ from modern methods?
- What role does community play in effective disciple-making?
- How can you rely more on the Holy Spirit in your disciple-making efforts?

Activities

- Community Building: Organize a fellowship meal or event with your discipleship group to strengthen community bonds.
- Mentorship Mapping: Identify potential leaders within your group and create a plan for mentoring and equipping them.
- Evangelism Plan: Develop a simple evangelism strategy based on the early church's practices and implement it in your community.

Practical Steps

- Foster Strong Community:
- Create a supportive and loving community where believers can grow together. Encourage regular gatherings, shared meals, and prayer meetings.
- Commit to Teaching:
- Prioritize teaching sound doctrine and biblical truths. Use the Bible as the foundation for all teaching and ensure that new believers are well-grounded in their faith.
- Embrace Adversity:
- Recognize that challenges and persecution can strengthen faith and fuel the spread of the Gospel. Encourage perseverance and reliance on God during difficult times.
- Rely on the Holy Spirit:

- Seek the guidance and empowerment of the Holy Spirit in all disciple-making efforts. Pray for wisdom, boldness, and the Spirit's leading in your ministry.
- Develop Leaders:
- Identify and mentor potential leaders within your community. Invest in their growth and equip them to disciple others effectively.
- Engage in Evangelism:
- Be proactive in sharing the Gospel and reaching out to new people. Develop mission strategies that reflect the urgency and passion of the early church.

Fill-in-the-Blanks Exercise

- The early church responded to Jesus' command to "make disciples of all _____." (Matthew 28:19-20)
- The early church emphasized strong _____ and fellowship among believers. (Acts 2:42-47)
- The apostles were dedicated to teaching and spreading the _____ of Christ. (Acts 2:42)
- Despite facing intense _____, the early church experienced significant growth. (Acts 8:1-4)
- The Holy Spirit played a crucial role in guiding and _____ the early church. (Acts 1:8)
- Early church leaders, such as Paul, _____ and trained others to become disciple-makers. (2 Timothy 2:2)
- The early church was deeply committed to _____ and mission work. (Acts 13:1-3)

Conclusion

Chapter 10 provides valuable insights into the disciple-making practices of the early church. By fostering strong community, committing to sound teaching, embracing adversity, relying on the Holy Spirit, developing leaders, and engaging in evangelism, modern believers can emulate the effective strategies of the early Christians. This chapter encourages readers to integrate these principles into their own disciple-making efforts, ensuring a vibrant and growing faith community.

Notes & Personal Reflection

Use this space for prayers, reflections, and personal application.

Conclusion: A Lifelong Journey

Discipleship is not a one-time lesson, but a lifelong journey of following Jesus, growing in His Word, and helping others walk faithfully with Him. May this workbook serve as a tool for continued growth, reflection, and obedience to the Great Commission.

Final Notes & Personal Reflection

Use this space for prayers, reflections, and personal application.

Appendix: Bible Study Tools for Discipleship

- A Bible reading plan
- A journal or notebook for prayer and reflection
- A concordance or Bible dictionary
- A trusted study Bible
- A mentor, pastor, or mature believer for guidance
- A small group or discipleship partner for accountability

References

Primary Scripture reference: World English Bible (WEB).

Additional biblical references are listed throughout each chapter.

FOLLOW JESUS. GROW IN FAITH. MAKE DISCIPLES.

Disciply is a practical, Scripture-centered workbook designed to help believers grow deeper in their relationship with Jesus Christ and learn how to make disciples. Through biblical teaching, reflection questions, and practical exercises, readers will strengthen their faith, develop spiritual disciplines, and become equipped to guide others in following Christ. This workbook is designed to be completed together by a disciple-maker and a disciple, creating space for conversation, accountability, prayer, and practical application.

ABOUT THE AUTHOR

Felix Sanchez Meca is passionate about helping believers grow in their faith and become faithful disciple-makers. Drawing from his experience in Bible study, mentoring, and ministry, he created Disciply to give individuals, small groups, and churches a practical path for spiritual growth and multiplication.

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